

Gates Passing/Receiving - 2 Combinations
Category: Technical: Passing & Receiving
Difficulty: Beginner

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Description

Gates Pass/Rec - 2 Combinations

2-Player Combination

- Player 1 Dribbles and Passes to Player 2 thru gate
- P2 Passes Back to P1 (1-touch) and makes Penetrating Run
- P1 makes Penetrating Pass to P2
- Coach animates the cone as passive defender 3-Player Combination
- Player 1 Dribbles and Passes to Player 2 thru gate
- P2 Passes Back to P1 (1-touch) and makes Penetrating Run
- P1 Passes Forward to P3 (same player for a round)
- P3 Passes Wide into P2's run
- Coach animates the cone as passive defender

